

Your Portuguese heritage is a big part of who you are

Could ATTRv amyloidosis be too?

What is ATTRv amyloidosis?

Hereditary transthyretin amyloidosis (ATTRv amyloidosis) is a rare but serious condition. It is 'progressive', which means it gets worse over time. But with early diagnosis and treatment, expert healthcare teams can manage symptoms and slow down progression of the condition.

Who is at risk of ATTRv amyloidosis?

ATTRv amyloidosis can be caused by a faulty gene called the **V50M mutation**, which can be passed down through families (inherited). Although it is a rare condition, it may affect people from Portugal at a much higher rate. For example, **1 in 538 people with heritage from the North of Portugal** are thought to be carriers of the V50M mutation.

Not everyone who inherits the faulty gene will be affected. But if you have family heritage from Portugal, it is important that you know the signs. **If you recognise any of the symptoms on the back of this leaflet in yourself or a family member, speak to your doctor.**



You can learn more about ATTRv amyloidosis and its management at the AstraZeneca **Doença dos Pezinhos** website. Scan the QR code or visit www.Doenca-dos-Pezinhos.co.uk



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Patient Information Forum

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What are the symptoms of ATTRv amyloidosis?

ATTRv amyloidosis can affect different parts of the body. This means it can cause a wide range of symptoms, from nerve problems to stomach issues. **Here, you can find a list of some of the symptoms to look out for.**

- Problems with balance
- Nausea (feeling sick)
- Vomiting (being sick)
- Difficulty swallowing
- Feeling dizzy when standing up
- Disrupted sleep
- Feeling very tired all the time

- Fast or irregular heartbeat
- Shortness of breath
- Chest pain
- Increased sweating
- Feeling full after eating a small amount
- Unexplained weight loss

- Numbness, tingling or pain in the feet or hands
- Burning pain in the legs or arms
- Weakness in the legs
- Carpal tunnel syndrome (in one or both hands)
- Leg or ankle swelling

- Difficulty fully emptying the bladder when going to the toilet
- Erectile dysfunction (men)
- Diarrhoea
- Constipation
- Urinary tract infections that recur

Recognise these symptoms? Speak to your doctor



You can also scan the QR code to download our **'Talking to my doctor about ATTRv amyloidosis'** appointment guide from the AstraZeneca website www.Doenca-dos-Pezinhos.co.uk/resources



Feedback questionnaire

If you have any feedback on this resource, please fill in our questionnaire by scanning the QR code



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